



The important steps of the GC Basketball safety



Please have a copy of this last page in your handy or bag

You do not feel well or someone in your family was ill follow BAG instructions



You are clear for practicing Basketball, we are waiting for you if you were in quarantine please send 24H prior to practice your doctor's ok



Winke Zone

Parents say good-bye before the practice and pick-up after the practice Use the In-door to enter the gym and go to the "Warte Zone"



Warte Zone

Players wait to be picked-up by the coach – Respect the instructions of the coach **Be on time!** A player who is late will have the access denied and has to go back home



Wechsel Zone

The coach assign you your "Wechsel Zone" to change & let your bag Take your Bag Basketball, Drink-Bottle, rope & **Wash hands, Basketball, Bottle, Rope** Take-off your jacket, change shoes, then put jacket & shoes back in your bag



Work Zone

One Basket & one Key for each Player. Exception will be announced by the coach. The practice starts and ends with our GC Basket hello-ritual with players in their zone



Watch Zone

Be focus as the coach needs you to pay attention. In "special" situation the coach will use a warning signal. If you hear the warning signal, look at your coach and follow the instructions. A coach, who needs to approach you, will wash hands & wear a mask.



Wechsel Zone

Wash hands & Basketball & Bottle

Change shoes, put jacket & put back ball and bottle in your bag Go to the Out-door & go home or to school or to your next practice